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Motocross Camp Schedule

Sunday

4:00pm Tech Inspection
5:00pm Dinner
6:00pm Maintenance Lesson
7:00pm Track Walk
9:00pm Camp Fire
11:00pm Lights Out

Monday

8:00am Breakfast
8:45am Camp Introduction
9:20am 20 Minute Moto
10:00am Lesson 2 - Body Position
10:55am Lesson 3 - Braking
11:40am 20 Minute Moto
12:00pm Lunch
1:00pm 20 Minute Moto
1:40pm Lesson 4 - Flat Corners
2:40pm Lesson 5 - Flat Corners
3:40pm 20 Minute Moto
4:00pm Maintenance
5:00pm Dinner
6:00pm Games/Camp Fire
11:00pm Lights Out

Tuesday

8:00am Breakfast
9:00am 20 Minute Moto
9:40am Lesson 6 - Turn Track
10:40am Lesson 7 - Berms
11:30am 20 Minute Moto
12:00pm Lunch
1:00pm 20 Minute Moto
1:40pm Lesson 8 - Ruts
2:40pm Lesson 9 - Ruts
3:40pm 20 Minute Moto
4:00pm Maintenance
5:00pm Dinner
6:00pm Maintenance
7:00pm BMX Pump Track
11:00pm Lights Out

Wednesday

8:00am Breakfast
9:00am 20 Minute Moto
9:40am Lesson 10 - Uphills & Downhills (In the Bush)
10:40am Lesson 11 - Wheelies (Wheeling Logs)
11:30am 20 Minute Moto
12:00pm Lunch
1:00pm 20 Minute Moto
1:40pm Lesson 12 - Off-Cambers
2:40pm Lesson 13 - Slippery Surfaces
3:40pm 20 Minute Moto
4:00pm Maintenance
4:30pm Dinner
5:30pm Movie Night
9:00pm Camp Fire
11:00pm Lights Out

Thursday

8:00am Breakfast
9:00am 30 Minute Moto
9:40am Lesson 14 - Oval
10:40am Lesson 15 - Oval & Passing
11:30am 20 Minute Moto
12:00pm Lunch
1:00pm 20 Minute Moto
2:00pm Lesson 16 - On Track Passing
2:40pm Lesson 17 - Jumping
3:40pm 20 Minute Moto
4:00pm Maintenance
5:00pm Dinner
6:00pm BMX Pump Track
11:00pm Lights Out

Friday

8:00am Breakfast
9:00am 20 Minute Moto
9:40am Lesson 18 - Starts
10:40am Relay Race
11:30am 20 Minute Moto
12:00pm Lunch
1:00pm End of Camp